

American Health Care Professionals Newsletter



All You Need to Know about Swine Flu



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Swine influenza (or swine flu) is an infection caused by the influenza A (H1N1) virus. Recently, human cases of the swine flu and associated deaths have been identified in both the United States and internationally.

What is Swine Flu?

Swine influenza is a respiratory disease that causes a regular outbreak in pigs. Humans do not normally get swine flu, yet infections can occur, and have now been reported and spread from person to person.

Is Swine Flu Contagious?

The Centers for Disease Control and Prevention (CDC) has determined that swine flu is contagious in humans. In fact, sick individuals may be able to infect others beginning one day before their symptoms develop and up to seven days or more after becoming sick. That means that you may be able to pass on the flu to someone else before you know that you are sick, as well as while you are still battling the virus.

Can You Get Swine Flu from Eating Pork?

Absolutely not. But, as you probably know, you need to cook pork thoroughly to avoid getting other diseases that can be spread by undercooked meat.

Are there Medications to Treat Swine Flu?

There are two medications available to treat swine flu, and are most effective when they are used within two days of showing symptoms. (continue on page 2)

Special points of interest:

- Home Health care updates
- Quality Improvement issues
- Billing , Payroll & OASIS
- Spiritual Counseling
- Nsg. And Rehab
- Upcoming meetings and events
- Resource for AHCP staff
- Employee of the Month

Quality Improvement Issues

Mardi RN & Mary Kay

Hi everyone, Let's hope all of this rain will soon show wonderful May flowers!!!!

Some reminders:All patients need to sign the pink 2 Day Medicare discharge form at LEAST two days in advanced. This can not be filled out on the date of the discharge. Each clinician in the house needs to have

this paper signed. This is requested by Medicare.

Please, please, help us all visit notes must be turned in on at least a weekly basis. This helps us keep track of the patients care, especially for discharges, transfers, resumptions and any complaints or concerns. This is Medicare's compliance, and it's very

important that you help us stay within those guidelines.

Thank you all for your hard work and special care of our clients.

Mardi & Mary K.

Billing, Payroll, OASIS & Select Data Issues: Beatriz Arroyave & Jocelyne Spellman

DC Summary/DC, SOC
visit note – 5/29/09

Discharge Summary

Please keep in mind that if you are completing a Discharge Oasis you DO NOT need to fill out a discharge summary as well. You only need to complete one if you are not filling out the Oasis.

Visit note – SOC/DC

When completing a Discharge Oasis you also need to complete a visit note and mark it as a D/C just like a SOC and EVAL

Undisturbed Relationship

By Oswald Chambers

“At that day ye shall ask in My name,” i.e., in My nature. Not— ‘You shall use My name as a magic word,’ but— ‘You will be so intimate with Me that you will be one with Me.’ “That day” is not a day hereafter, but a day meant for here and now. “The Father Himself loveth you”—the union is so complete and ab-

solute. Our Lord does not mean that life will be free from external perplexities but that just as He knew the Father’s heart and mind, so by the baptism of the Holy Ghost He can lift us into the heavenly places where He can reveal the counsels of God to us.

“Whatsoever ye shall ask

the Father in My name” “That day” is a day of undisturbed relationship between God and the saint. Just as Jesus stood unsullied in the presence of His Father, so by the mighty efficacy of the baptism of the Holy Ghost, we can be lifted into that relationship—“that they may be one, even (cont. on pg 3)

At that day ye shall ask in My name The Father Himself *loveth you*.
John 16:26, 27.

All You Need to Know about Swine Flu



What Can You do to Protect Yourself Against Swine Flu?

There is no vaccine currently available to protect against this virus. However, there are everyday actions that can help prevent the spread of germs that cause respiratory illnesses, such as swine flu. Take these

everyday steps to protect your health:

Cover your nose and mouth with a tissue when sneezing or coughing. Throw the tissue away after using it.

Wash your hands often with soap and water, especially after sneezing and coughing.

Alcohol-based hand sanitizers are also effective.

Avoid touching your eyes, nose or mouth.

Try to avoid close contact with people who are ill.

If you do become sick with swine flu, stay home from work or school and limit (Continue on page 3)



Undisturbed Relationship

Continue from page 2.....

as We are one.”

“He will give it you.” Jesus says that God will recognize our prayers. What a challenge! By the Resurrection and Ascension power of Jesus, by the sent-down Holy Ghost, we can be lifted into such a relationship with the Father that we are at one with the perfect sovereign will of God by our free choice even as Jesus was. In that wonderful position, placed there by Jesus Christ, we can pray to

God in His name, in His nature, which is gifted to us by the Holy Ghost, and Jesus says—“Whatsoever ye shall ask the Father in My name, He will give it you.” The sovereign character of Jesus Christ is tested by His own statements.



UPCOMING MEETINGS AND EVENTS

Please mark these dates on your calendar :

Innovative Team: Headed by Kekelwa Nyaywa

Meeting June 4, 2009

12-1pm * Lunch will be provided

IV Re-Training: Besime D. Brierton –Pharmacy Supervisor for Kaiser IV

Where: Vienna Office

Date/Time: June 24, 2009 @ 11:30a-1pm

**Lunch will be provided

Staff Meeting: Every Wednesday at 11a-12noon.

Morning Prayer: Every Morning (all AHCP staff invited).



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your contact with others to keep from infecting them.

What Should You Do if You Get Sick?

If you live in areas where swine flu has been identified and you become ill with influenza-like symptoms – fever, body aches, runny nose, sore throat, nausea

and vomiting or diarrhea – contact your healthcare provider immediately. He/she will determine whether influenza testing or treatment is necessary.

For more information on swine flu, visit www.cdc.gov/contact/ or call (800) 232-4636.





HOME HEALTH CARE SERVING
NORTHERN VIRGINIA

120 Beulah Road #201
Vienna, VA 22180

Phone: 703-319-3801
Fax: 703-319-3805
E-mail: ahcpofva.com



We're On The Web
www.ahcpofva.com



The Vision and Mission of American Health Care Professionals (AHCP):

AMERICAN HEALTH CARE PROFESSIONALS WAS ESTABLISHED WITH ONE GOAL IN MIND: TO PROVIDE SAFE, AFFORDABLE, QUALITY CARE TO THOSE IN NEED.

American Health Care Professionals (AHCP), a division of the American Health Home Care Group, Inc., was established in 1995 in the State of Virginia. AHCP is one of the leading providers of comprehensive home health care services in the Northern Virginia area. AHCP participates in Medicare / Medicaid, commercial insurance, private pay, and personal care waiver.

AHCP is a single source for skilled nursing, physical, occupational, speech and social work, disease management education, help with daily living activities, as well as other therapies and services. A **CHRISTIAN COMPANY OPERATING UNDER CHRISTIAN PRINCIPLES.**

For further information, please contact Clishia Taylor RN, MBA - Administrator ex. 204

EMPLOYEE OF THE MONTH (June 2009)

American Health Care Professionals would like to recognize **Rosmery Villca** for being voted as Employee of the Month for June 2009. Rosmery is a **Certified Nurses Aide** and has been outstanding in the care she provides to our clients.

